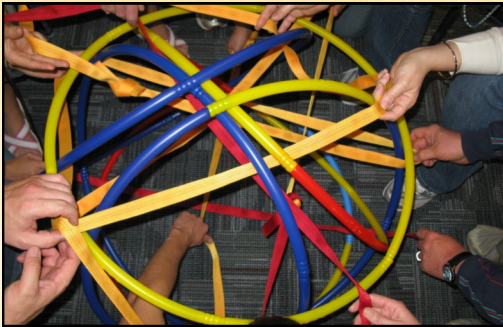


Challenge for Healthy Relationships Training



Who: Anyone interested in creating a fun and safe environment for youth to discuss pregnancy prevention.

When: Friday, November 6, 2009
8:00am-4:30pm

Where: Polk County Extension Office
1625 Adventureland Drive, Ste. A
Altoona, IA 50009

Cost: FREE to participants willing to facilitate the program in Polk, Warren and Dallas County!

Things to Remember:

- Wear comfortable clothing, including tennis shoes, as we will be up and moving for most of the day.
- Please bring a favorite snack to share with the rest of the group!
- Lunch will not be provided. While there are many restaurant choices in the area, please consider bringing a sack lunch.
- Please pre-register for the event prior Oct. 30th. However, if you forget, registration will be accepted the day of the event.

For more information please contact Melissa O'Neil

Ph 515.957.5767 Fx 515.967.6164
1625 Adventureland Drive Altoona, IA
www.AdventureLearningCenter.com

"Connecting with youth to foster responsible decision-making, encouraging goal-setting and healthy relationships throughout their lives."



Workshop Registration Form

Participant's Information

Name: _____

Organization: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Fax: _____

Cell: _____

Email Address: _____

Have you been trained in Portable Challenge?

☐ Yes

☐ No

Have you participated in a Challenge for Healthy Relationships program?

☐ Yes

☐ No

How did you first hear about the workshop?

☐ Website

☐ Conference

☐ Grant Partner

☐ Other _____

Fax this completed form to 515.967.6164



"Whether you are an administrator, staff, employer, employee, teacher or student, these experiences provide attributes which lead to ideal performance and success in life."



"The Portable Challenge and Challenge for Healthy Relationships programs are experiential programs designed to build and foster individual/group success."

Success in teamwork, communication and goal setting/attainment are just a few areas exposed in these awesome programs."

*Tell me and I will forget.
Show me and I may remember.
Involve me and I will understand.*